



Building Bright Futures One person at a time



Proudly serving adults and children with I/DD in North Carolina for over a quarter of a century in licensed residential facilities, licensed and unlicensed AFL's and in the community.

WHAT'S INSIDE

Page 1: Summary & Services
Page 2: Locations
Page 3: Cognitive Training
Page 4: Why Cognitive Training?
Page 5: New Building
Page 6: New Technology
Page 7: MHS of NC
Page 8: MHS Programs
Page 9: The Factory / Lil Elites
Page 10: Work with WesCare



Over 200 Years of combined Experience



MISSION

WesCare will provide support services to persons with disabilities, empowering them to make informed choices in the management of their lives, so they may live as independently as possible.

WesCare Professional Services was established in the summer of 2018 in Greensboro, NC, with a vision to make a positive impact in the lives of individuals with diverse needs. Since its inception, WesCare has grown steadily under the expert leadership of Akinyele Igunmuyiwa and Eric Page, dedicated professionals who have guided the company's trajectory. Legally formed as a Limited Liability Company on October 14th, 2002, WesCare takes inspiration from the late Wesley Riddick, brother of one of the founders. With over 35 years of community involvement, the founders and administrative staff possess a combined experience of over 200 years in Mental Health and Intellectual/Developmental Disabilities.

WesCare's unwavering commitment to excellence is evidenced by its remarkable average annual growth rate of 15.5% since its establishment. Operating across more than 90% of North Carolina, the organization has established a strong presence and served

over 400 individuals and their families since 1998. With a dedicated team comprising more than 120 employees and contractors, WesCare is recognized as a trusted provider in the field. Funding primarily stems from the Medicaid program, a federally supported initiative.

At the core of WesCare's mission is a profound dedication to enhancing the quality of life for those it serves. By assisting individuals in securing and maintaining employment, engaging in recreational activities, and acquiring vital life skills, WesCare empowers its clients to lead fulfilling lives. The organization actively fosters community involvement and aims to build and maintain strong relationships grounded in trust with clients, employees, contractors, and stakeholders.

WesCare's expertise lies in effectively serving both adults and adolescents facing significant challenges. Through meaningful partnerships with essential community resources, the organization creates an inclusive and supportive environment. Continually expanding its portfolio of services, products, and processes, WesCare is steadfast in its commitment to empower individuals, enabling them to experience a higher quality of life that may have previously seemed out of reach for those in non-mainstream populations. Its always a great day at WesCare.

List of services:

Community Living & Supports

Community Networking

Crisis

Day Supports

Personal Assistance

Residential Supports

Respite

Specialized Consultative Services

Supervised Living

Supported Employment

Supported Living

Developmental Day Care

Services and Locations



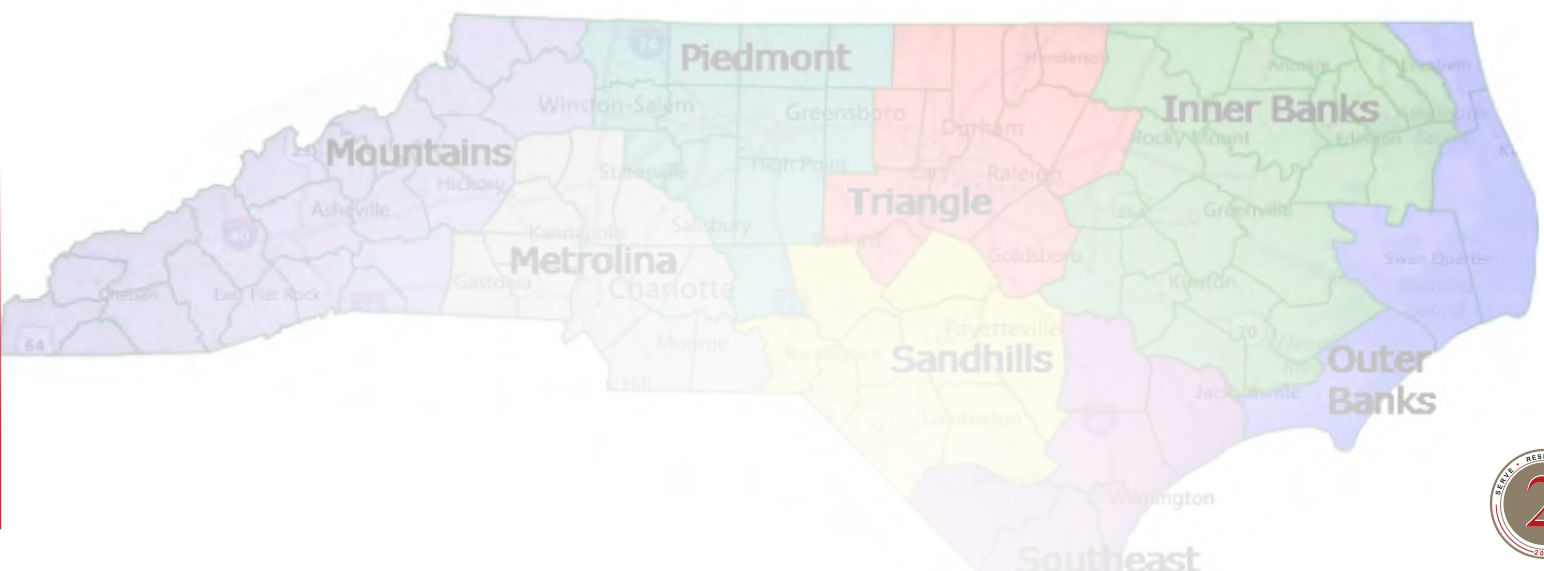
Our commitment to fostering opportunities extends to all aspects of our operations. WesCare was established with a strong advocacy focus, encompassing not only our clients but also the entire network of individuals and agencies serving them. We firmly believe in the power of collective strength and unity. As part of our core values, we have developed a program specifically designed to stimulate growth and support minority-owned mental health agencies throughout North Carolina. Our mission is rooted in the belief that everyone should have access to exceptional mental health services, and we are dedicated to promoting and empowering minority and woman-owned businesses in this sector.

While we operate several licensed facilities in the Triad area, we understand that providing top-quality care requires a broader reach. Hence, we have cultivated partnerships with every MCO in the state, enabling us to deliver services statewide. Recognizing the limitations of company-owned facilities alone, this approach presents two distinct opportunities. Firstly, it allows us to serve a larger client base and continue fostering a system and philosophy that has yielded remarkable results in the lives of our individuals and their families. Secondly, it opens doors for smaller providers to expand their service areas and progress towards securing their own contracts. To achieve this, we engage certified WesCare contractors who operate in regions beyond the reach of our company-owned facilities. We meticulously vet these contractors and provide comprehensive training to ensure they meet our exacting standards of care.

To maintain oversight across all our locations, including contractors, we utilize a proprietary system that enables comprehensive monitoring of our operations. This system ensures that our individuals consistently receive the highest quality of care, regardless of whether they are in a company-owned facility or a contractor's home.

Furthermore, we have implemented a rigorous contractor certification process to guarantee that our contractors receive up-to-date training and deliver exceptional care standards. Regular performance evaluations, ongoing training and development opportunities, as well as dedicated support from our staff, are integral components of this certification process. Our objective is to ensure that all our locations, including our contractors, consistently provide the best possible care.

In summary, while our commitment to high-quality care is underscored by our company-owned licensed group homes, we recognize the significance of partnering with licensed contractors to extend our reach across the state. Through our proprietary monitoring system and unique contractor certification process, we strive to maintain unwavering standards of care at all our locations.



Free Cognitive training using cutting-edge technology



Cognitive training exercises on advanced tools like the Reflexion Edge, Senaptec Sensory Station, and BlazePods are essential for the special needs population. These innovative technologies offer a range of benefits specifically tailored to the unique challenges of individuals with special needs. The Reflexion Edge provides interactive training that enhances cognitive skills such as reaction time, decision-making, and focus, promoting mental agility and coordination. The Senaptec Sensory Station combines various sensory stimuli to improve sensory integration, visual processing, and motor skills, fostering better coordination and sensory awareness. BlazePods, with their customizable light-based exercises, promote cognitive skills such as attention, reaction time, and processing speed while engaging individuals in a fun and interactive manner. By incorporating these cutting-edge tools into cognitive training exercises, individuals with special needs can experience targeted and engaging interventions that optimize their cognitive abilities, leading to improved overall functioning and quality of life. We have created an entire cognitive training facility complete with the latest technology and trained professionals to ensure our individuals have the absolute best chance at improving their quality of life. These services and this cutting-edge technology is included free for all our individuals and staff.

Enhancing Cognitive Abilities: Cognitive training exercises can target and improve specific cognitive skills such as attention, memory, problem-solving, and decision-making. By participating in cognitive training, individuals with special needs can strengthen their cognitive abilities, leading to better academic performance, improved problem-solving skills, and enhanced overall cognitive functioning.

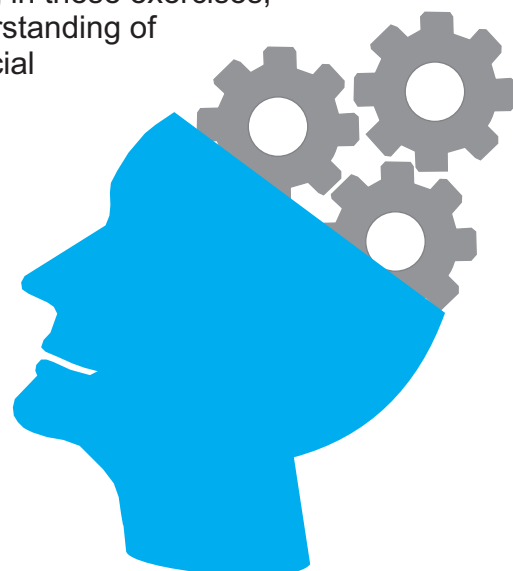
Promoting Independence: Cognitive training helps individuals develop skills that are essential for daily living and independent functioning. By improving cognitive abilities, individuals with special needs can enhance their decision-making skills, problem-solving abilities, and adaptive behavior, enabling them to navigate daily tasks more independently and effectively.

Facilitating Learning and Academic Success: Cognitive training can enhance learning abilities by improving attention, memory, and information processing skills. This can have a positive impact on academic performance, as individuals with special needs can better absorb, retain, and apply new information, leading to increased learning outcomes and educational success.

Improving Social and Communication Skills: Cognitive training often involves activities that promote social interaction, communication, and interpersonal skills. By engaging in these exercises, individuals with special needs can enhance their social cognition, understanding of social cues, and communication abilities. This can lead to improved social interactions, increased social participation, and enhanced quality of relationships with peers and care givers.

Enhancing Overall Well-being: Cognitive training contributes to overall well-being by boosting self-confidence, reducing frustration, and increasing self-esteem. As individuals with special needs experience improvements in cognitive abilities, they gain a sense of accomplishment, which positively impacts their emotional well-being and overall quality of life.

Working with professionals who specialize in cognitive training for individuals with special needs ensures that interventions are personalized, effective, and aligned with their unique cognitive profiles.



Cognitive Training Benefits all

Engaging in cognitive training using specialized equipment such as the Reflexion Edge, Senaptec Sensory Station, and Blaze Pod Reactive Intelligence Wall offers numerous benefits for the special needs population. These innovative tools provide targeted and interactive experiences that can enhance cognitive abilities, promote sensory integration, and improve overall cognitive function.

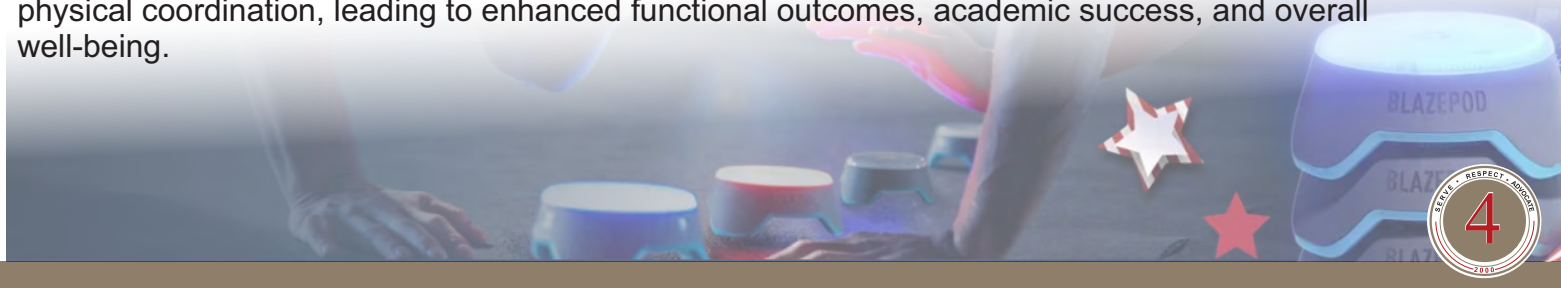
The Reflexion Edge is a versatile training platform that combines cognitive challenges with physical activity. By using a variety of interactive games and exercises, individuals with special needs can enhance their cognitive skills such as attention, memory, processing speed, and executive functioning. The Reflexion Edge engages multiple sensory modalities, including visual, auditory, and kinesthetic inputs, providing a comprehensive and immersive cognitive training experience. This can lead to improved cognitive flexibility, problem-solving abilities, and mental agility, ultimately enhancing overall cognitive performance and functional outcomes.



The Senaptec Sensory Station is designed to assess and train sensory skills such as visual processing, hand-eye coordination, and reaction time. Through a series of specialized assessments and interactive activities, individuals with special needs can improve their sensory integration and perceptual-motor skills. This can have a positive impact on daily living activities, academic performance, and sports performance. The Senaptec Sensory Station's personalized training programs help individuals develop more efficient sensory processing, leading to improved attention, focus, and coordination.

The Blaze Pod Reactive Intelligence Wall combines cognitive and physical challenges in a unique and dynamic way. It utilizes lights and sensors to create interactive training scenarios that require quick decision-making, attention to detail, and reaction time. This type of cognitive training can help individuals with special needs improve their cognitive processing speed, visual scanning abilities, and attentional control. The Blaze Pod Reactive Intelligence Wall also provides a fun and engaging environment for individuals to enhance their physical fitness, coordination, and motor skills.

In summary, cognitive training on the Reflexion Edge, Senaptec Sensory Station, and Blaze Pod Reactive Intelligence Wall offers a range of benefits for the special needs population. These tools provide personalized and interactive experiences that target cognitive skills, promote sensory integration, and enhance overall cognitive function. By engaging in these training programs, individuals with special needs can improve their cognitive abilities, sensory processing, and physical coordination, leading to enhanced functional outcomes, academic success, and overall well-being.



A new space & new Technology creates New Opportunities

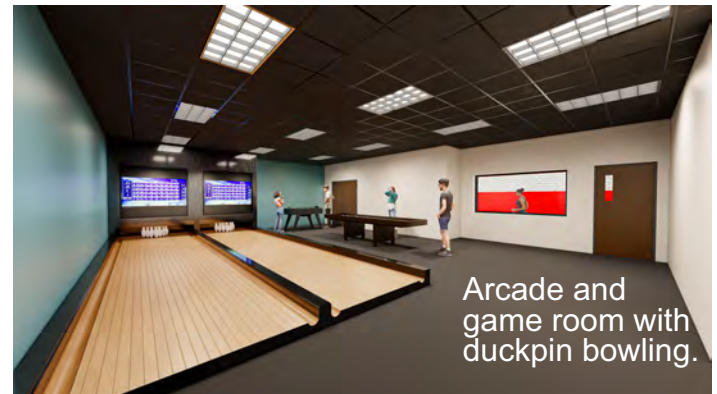


This modern facility is designed to benefit the special needs population we serve in multiple ways. Spanning 17,000 sqft on a 22-acre tract of land, it offers advanced technology and a variety of specialty rooms and businesses. These include Spero Developmental Childcare, a childcare center for 60 children, a 4,000 sqft gymnasium, media and computer rooms, a 2,000 sqft adult day program, a sensory room with cognitive training tools, and a game room with a bowling alley.

Our developmental daycare has a secure and caring setting where children, both with and without IDD, can thrive and expand their knowledge. Our skilled experts deliver personalized attention and assistance, encouraging their growth and achievements. Moreover, the game room, gymnasium, and cognitive training area provide captivating opportunities for children to enhance their physical activity and social interaction skills. The combination of mental health professionals, cutting-edge technology, gymnasium, and game room has come together to create a childcare facility unlike any other.

The 4,000 sqft gymnasium grants individuals with IDD access to a diverse range of physical activities, enhancing fitness and wellness. Our professionals collaborate with each individual to design a personalized fitness plan, improving their overall health and boosting self-confidence.

Our media and computer rooms provide individuals with IDD the opportunity to explore the latest technology and acquire new skills. This facilitates their integration with modern technology, broadening employment prospects and social interactions.



Arcade and game room with duckpin bowling.

Finally, our sensory room with cognitive training tools and the 2,000 sqft adult day program establish a secure and supportive environment for adults with IDD to participate in meaningful activities that promote learning, socialization, and independence.

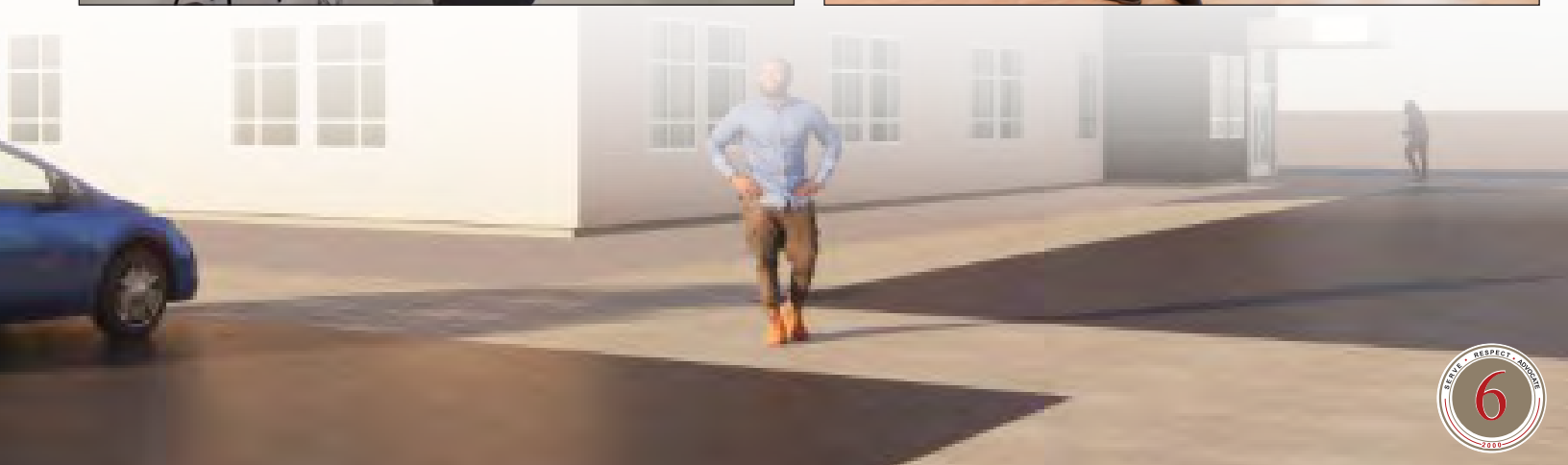
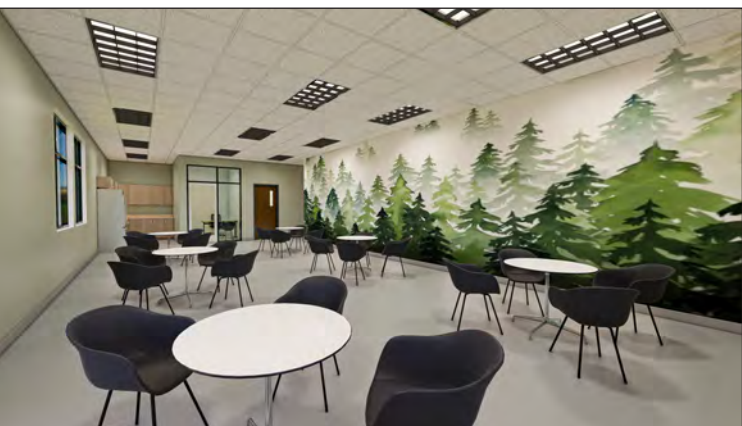
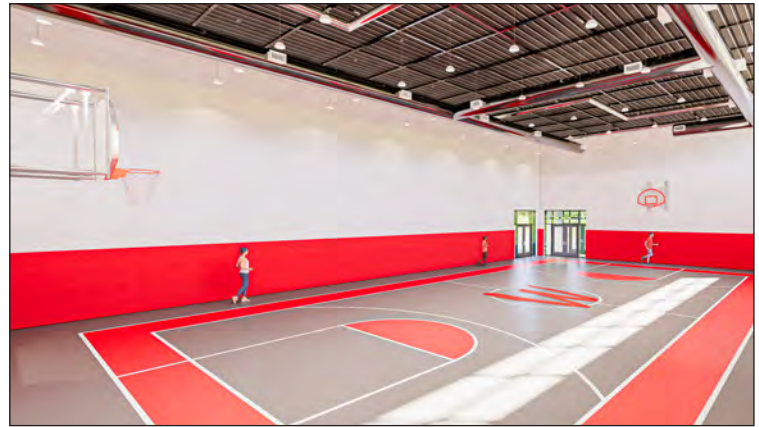
In summary, our state-of-the-art facility is designed to meet the unique needs of this special population. We prioritize fostering physical activity, socialization, providing access to cutting-edge technology, and offering individualized care and support. Our unwavering commitment is to deliver exceptional quality care and support to our community.



Architectural rendering of WesCare's new 17,000 sqft office space



Architectural Renderings of the new Facility



Mental Health Services of North Carolina



Mental Health Services of North Carolina is a NC 501(c)(3) organization dedicated to reducing bullying, particularly among the special needs population, which experiences bullying at three times the rate of the mainstream population. We accomplish this by addressing both sides of the problem: the bully and the victim. We have developed several programs and businesses that tackle this issue in various ways.

Bullying is often mistakenly viewed as an outdated problem that has been adequately addressed and is no longer a threat. However, this misconception has allowed bullying to evolve into a more complex issue with severe consequences. Bullying acts as a gateway behavior that, if left unaddressed, can escalate into more serious and even criminal behaviors. According to the CDC, a child who engages in bullying at the age of 8 is 400% more likely to be involved in the criminal justice system by the age of 30. The situation has become so dire that a new term, "bullycide," has emerged in the English lexicon, tragically requiring no definition. Victims of bullycide have been as young as 8 years old. There are over 150 suicide attempts related to bullying every day, with 15 resulting in fatalities. In addition to suicidal thoughts and increased crime rates, bullying also causes depression.

To combat bullying among the special needs population, we understand the need for a multifaceted approach. That's why we have developed and implemented six custom-designed programs over the past 10 years to address this issue. Each program targets a specific aspect of bullying and provides unique benefits to the special needs population.

Our programs encompass social-emotional learning, peer mentoring, advocacy training, inclusive sports programs, parent and caregiver support groups, and community outreach initiatives. By utilizing these diverse programs, we can comprehensively address bullying and cater to the varied needs of the population we serve.

The benefits gained by the special needs population through our programs are numerous. For instance, our social-emotional learning program helps participants develop self-awareness and social skills, boosting their confidence and reducing vulnerability to bullying. The peer mentoring program provides positive role models and fosters a sense of community and belonging. Our advocacy training program empowers participants to become self-advocates and stand up for themselves and others.

Through our inclusive sports programs, participants can engage in physical activities that promote teamwork, cooperation, and self-esteem. Parent and caregiver support groups offer a safe and supportive space for families to connect, share experiences, and receive emotional support. Lastly, our community outreach initiatives raise awareness about bullying among the special needs population and promote acceptance and inclusion within our communities.

In summary, our utilization of diverse programs allows us to adopt a holistic approach to address bullying as a whole but particularly among the special needs population. Each program provides unique benefits, fostering confidence, enhancing social skills, and encouraging greater inclusion in their lives.



Mental Health Services of North Carolina



Special Hoops is a program that focuses on teaching basketball skills and drills to individuals with special needs. However, its underlying mission goes beyond sports training. Special Hoops aims to leverage the program as a platform to access elite athletes and introduce them to an anti-bullying program. Special Hoops creates a powerful alliance that has the potential to drive significant change. These athletes, armed with their newfound understanding and skills, can serve as role models and advocates, challenging stereotypes, intervening in bullying situations, and promoting acceptance and respect for individuals with special needs. Special Hoops harnesses the inherent leadership qualities of these athletes, enabling them to positively impact their communities and contribute to the broader

mission of eradicating bullying. Recognizing the influence and leadership potential of these athletes within their schools and communities, the program seeks to empower them to become mentors for the special needs population, and ultimately foot soldiers in the battle against bullying.

3rd Thursdays presents an exhilarating social gathering exclusively designed for the special needs population. This remarkable program boasts an extraordinary DJ and MC who themselves are individuals with special needs, adding an authentic and empowering touch to



the event. Immerse yourself in a uniquely tailored space that has been crafted with the utmost care and dedication, directly influenced and created by the very individuals it

serves. Prepare to be captivated as the venue undergoes a stunning transformation each month, mirroring a carefully selected theme, while indulging in delectable complimentary food, thrilling door prizes, and awe-inspiring entertainment that will leave you wanting more. Free to all individuals with special needs and their parents or guardians.



Pink Diamonds, a transformative 9-month program meticulously crafted for women with special needs. Join us on this remarkable journey of self-discovery, where we unlock the hidden potential within, igniting a radiant self-esteem and unshakable confidence that will make you as bully-proof as a diamond. Backed by

compelling research, we know that heightened confidence acts as a powerful shield against bullying, ensuring you stand strong and resilient.

But that's not all; Pink Diamonds celebrates the essence of who you are, helping you embrace your unique flaws and nurturing a profound sense of self. Unveil the extraordinary woman within, as you discover your true beauty, realizing that you are more than enough, immeasurably smart, and continuously evolving, becoming a little bit better with each passing day. It's time to claim your rightful place in a world that cherishes your brilliance and empowers you to shine bright like a diamond.



PTS Support for Exceptional Children promises an exhilarating ride, where bonds are formed, and stories are woven together into a tapestry of understanding and support. Don't miss your chance to be part of this captivating community, as we unite parents and teachers in an unstoppable quest for knowledge, inspiration, and the unwavering belief that exceptional children hold the key to a world of limitless possibilities. Get ready to ignite your passion and embark on this thrilling adventure today!



Athletic Training, What? Why do That?



THE FACTORY

ELITE ATHLETE TRAINING FACILITIES

The Factory trains elite athletes to be faster, more agile and explosive at steep discounts and often at a 10-15% of similar training, in return they are asked to take our anti-bullying course and volunteer for Special Hoops and other programs for the special needs population.

The unconventional combination of a company providing athletic training in the same space with a mental health agency creates an ideal environment to teach elite athletes the importance of respecting and advocating to reduce bullying of the special needs population. This unique blend of physical and mental development allows athletes to understand the power dynamics that can contribute to bullying and the impact it has on individuals with special needs. By integrating athletic training with a mental health agency, athletes gain a holistic perspective that goes beyond just physical performance, this combination teaches them the importance of nurturing their empathy and understanding of others too.

It is crucial to teach these athletes at a young age about respecting and embracing differences in people to counteract harmful stereotypes and prejudices instilled by toxic environments and access to social media. By introducing them to the special needs population early, athletes learn firsthand that individuals with disabilities or special needs are capable of extraordinary achievements and possess unique qualities that

enrich society. They develop an appreciation for diversity and understand that differences should not be a basis for treating others differently. This early exposure helps shape their attitudes and behaviors, fostering a culture of inclusivity and respect that extends far beyond their athletic endeavors.



Little Elites teaches running and change of direction mechanics to kids in daycare and promotes its anti-bullying message. The goal is to teach empathy early by encouraging healthy competition.

By training young athletes to recognize and safely intervene in bullying situations, they become change agents and foot soldiers in the battle against bullying. Equipping them with the knowledge and skills to identify and address bullying behaviors empowers them to become advocates for their peers with special needs. These athletes can use their influence within their teams and wider communities to

promote a culture of kindness, empathy, and acceptance. By taking an active stance against bullying, they create a ripple effect that can positively impact not only the special needs population but also society as a whole.

Reducing bullying is crucial, as it is often a gateway behavior that can lead to severe consequences such as suicide, depression, drug use, smoking, and gang participation. By addressing bullying at its roots and teaching young athletes the importance of respecting and advocating for the special needs population, we lay the foundation for a more compassionate and inclusive society. By empowering these athletes to become change agents, we foster an environment that prioritizes empathy, understanding, and support, reducing the prevalence of harmful behaviors and promoting the well-being and mental health of all individuals involved.



Our Staff and Contractors are the best in the business

With an extensive history spanning over 25 years, our company has consistently delivered exceptional quality mental health services. Our unwavering commitment lies in improving the lives of individuals and families who face mental health challenges. Recognizing the vital role mental health plays in overall well-being, we are dedicated to establishing a safe and supportive environment that facilitates comprehensive care and invaluable support.

A fundamental pillar of our enduring success is the unwavering dedication and commitment demonstrated by our esteemed staff and contractors. Our team comprises highly trained professionals driven by a profound passion for their work and a genuine desire to effect positive change in the lives of the individuals we serve. Their wealth of experience and expertise enriches our agency, enabling us to provide unparalleled care of the highest quality.

We fully acknowledge that the accomplishments of our agency are intrinsically linked to the exceptional caliber of our staff and contractors. In recognition of their indispensable contributions, we invest significantly in their ongoing training, professional development, and unwavering support. By empowering our team to excel and reach their full potential, we can effectively realize our mission of delivering optimal care to our clients. The resounding success we have achieved is a testament to the unwavering dedication and exemplary efforts of our team, whom we are immensely proud to have as invaluable members of our esteemed organization.



Building Bright Futures 1 Person at a time

and we would love for you to join us

SOME BENEFITS OF WORKING AT WESCARE

- Experienced Management 25+ years
- Safe Environment
- Starting Pay Above Industry standards
- Multiple Locations
- Opportunities for Growth
- Opportunities to Start your own business
- Respected Agency
- Flexible Schedule
- No Experience Needed



 SCAN ME

A Great Place to Work!



Our comprehensive coverage extends across the entire state, ensuring ample opportunities for employment no matter your preferred location. With a diverse array of services, ranging from residential to periodic, we offer a broad spectrum of employment possibilities. Whether you seek a specific role or a particular service area, chances are high that we have a position or opportunity ideally suited for you.

Don't hesitate any longer! Take the next step toward a rewarding career by visiting our website at www.wescarepro.com/apply-work-wescare/ and accessing our Employment Application. Complete the application promptly to start making a significant difference in the lives of those who truly need it.

Alternatively, you can conveniently scan the provided QR code to access the application directly. Join our team today and embark on a journey of impactful service.

Contact Us Today! 336-272-8335

We are all about enhancing the quality of life for the people we serve. And the people we serve need people like you! So if you have the right personality mixed with a great deal of patience combined with a heart full of passion to serve others, please contact us today. You will need reliable transportation.

Online at: www.wescarepro.com/apply-work-wescare/



As a mental health professional focusing on bullying behavior mostly related to the special needs population, and understanding the need for coaches to demand their athletes to be super aggressive, explain why it's important to teach young athletes to turn off the aggressiveness when they step off the field of competition to prevent unnecessary or potential bullying of people they may view as weaker.

As a mental health professional, it is crucial to recognize the potential impact of aggressive behavior among young athletes, especially when interacting with individuals who may be perceived as weaker or vulnerable. While it is true that coaches often encourage athletes to be assertive and competitive on the field, it is equally important to teach them to differentiate between the context of competitive sports and their interactions outside of the game. Here are a few reasons why teaching young athletes to turn off their aggressiveness off the field is essential:

Respect for Others: Teaching young athletes to turn off their aggression helps foster a culture of respect for others. They need to understand that everyone deserves to be treated with kindness and empathy, regardless of their perceived strength or abilities. By emphasizing respect for others, athletes can develop healthy relationships and contribute to a positive social environment.

Empathy and Understanding: Encouraging athletes to turn off their aggressiveness helps cultivate empathy and understanding. They can learn to consider other people's feelings and experiences, putting themselves in others' shoes. This understanding promotes tolerance, inclusivity, and compassion towards individuals who may have different abilities or face unique challenges.

Prevention of Bullying: By teaching athletes to switch off their aggressive behavior off the field, we can actively prevent potential bullying. Young athletes may possess considerable influence and power within their social circles, and without proper guidance, they may misuse this power to intimidate or belittle others. Teaching them to use their influence positively can help create a supportive and safe environment, reducing the risk of bullying incidents.

Transferable Skills: Teaching athletes to modulate their aggression also helps them develop valuable life skills. They learn the importance of adaptability, self-control, and effective communication. These skills are not only beneficial in preventing bullying but also contribute to their overall personal and professional growth.

Sportsmanship: Part of being a well-rounded athlete involves displaying good sportsmanship, both on and off the field. Turning off aggression outside of competition allows athletes to demonstrate fair play, integrity, and respect for their opponents. By instilling these values, we can create a sports culture that upholds ethical behavior and encourages healthy competition.

Mental Health and Well-being: Promoting a balanced approach to aggression helps protect the mental health and well-being of young athletes. Excessive aggression or a constant need to assert dominance can lead to emotional and psychological difficulties. Teaching athletes to regulate their aggression appropriately supports their mental health and ensures they develop healthy coping mechanisms.

In conclusion, while aggression and assertiveness may be encouraged within the context of competitive sports, it is crucial to teach young athletes to turn off their aggressiveness when they step off the field. By emphasizing respect, empathy, and understanding, we can prevent potential bullying and promote a positive and inclusive environment both in sports and in their interactions with others.

Compassionate Care In Our Community

Founded on the principle of advocacy, WesCare Professional Services is committed to enhancing the quality of life for the people we serve. The people we employ. The communities we support and the contractors we partner with.



WesCare is proud to be
nationally accredited by the
Joint Commission.

Certified WesCare Contractor

10-A Oak Branch Drive · Greensboro, NC 27407 336-272-8335